

BEST PRESENTS

BUILD YOUR WELLNESS

Virtual
WORKSHOP
FREE

Through activities and fun, your child will build skills in respect, caring, inclusiveness and courage.

Feb. 4 & 5

BEST Program Success Coach Lisa Beckstead invites students in grades 3-8 to join her on Google Meet and learn important Kindness and Self Love skills to create their best self.

Grade 3-5 9:00-11:30am
Grade 6-8 12:30 - 3:00pm
Attendance for both days is required.

TO REGISTER EMAIL

lisabeck@gypsd.ca

PLEASE REGISTER BY FEB 3
LIMITED SPACES AVAILABLE.

FREE!!!